

News & Updates

Spring 2007



JULIA TANGUAY

FIRST SPANISH TRANSLATOR FOR ENERGY PARTNERS

Eighteen year old Julia Tanguay is excited to be a part of LifeSpark. When she read about LifeSpark's need for Spanish translators on a volunteer internet site, she knew this was for her. "I never realized how important it was to speak Spanish. Knowing that I can help cancer patients gives my Spanish speaking so much more meaning." Julia has studied Spanish since age eleven and has traveled to Spain twice, and recently attended LifeSpark's New Provider Seminar to prepare for this new role.

Julia will be part of a LifeSpark pilot project for non-English speakers at Denver Health Medical Center. It is part of a bigger program offering services for indigent and low-income cancer patients who otherwise would not have access to energy therapies during treatment. Partial funding is being provided by the Cancer League of Colorado. If you know of someone who speaks Spanish and would like to volunteer, call LifeSpark at 303-425-5670.

CANCER RESEARCH, HEALING TOUCH

A randomized clinical trial was conducted with 62 women receiving radiation treatment for gynecological and breast cancer at Barnes-Jewish Hospital in St. Louis, Missouri. Comparisons of scores before and after the six treatment sessions showed significant changes in improved quality of life and proportionately larger reductions in fatigue in the Healing Touch group than the control group. The Healing Touch group demonstrated more pronounced improvements in their levels of depression, anxiety and anger compared to the control group. -----

*Credits: The Effect of Healing Touch on Radiation-Induced Fatigue in Women Receiving Radiation Therapy in Women with Gynecological or Breast Cancer. Cynthia Loveland Cook, PhD, MSW, RN, Joanne Guerrero, RN, BSN, CHTP, and Vicki Slater, PhD, RN, CHTP. Abstract reprinted with permission from Healing Touch International, Inc.

GRATITUDE TO QUALIFE

In late 2006, the QuaLife Board of Directors made a generous parting gift to LifeSpark Cancer Resources to perpetuate the work initially begun at QuaLife. We appreciate this funding which will support our growth and expansion while we continue the QuaLife tradition of compassionate service to individuals with cancer.

LIFESPARK TRAINS FLORIDA AND MINNESOTA TEAMS

February's New Providers Seminar was a bit different this time. Groups from Coral Gables, Florida and Minneapolis, Minnesota attended the training in order to learn how LifeSpark prepares its providers for service in this program.

Barbara Qualley, RN, CHTP plans to initiate a program similar to LifeSpark at a Minneapolis hospital and sought out LifeSpark for organizational and strategic advice as she begins to set up this program. Nelly Thomas, owner of The Healing Room, a Reiki center in Florida, plans to launch a volunteer based program for individuals with cancer at her center. She brought two team members to the training.

LifeSpark offers the New Providers Seminar each spring and fall for new Reiki and Healing Touch providers joining the Energy Partners program. This 18 hour seminar covers professionalism, ethics, psychological awareness, and many issues specific to cancer. The next seminar will be September 21-23, 2007. More information is available at www.LifeSparkNow.org.

Love to shop on-line? Earn cash for LifeSpark with every purchase you make. Go to IGive.com and select from hundreds of on-line stores. Designate LifeSpark Cancer Resources as your charity of choice.

CARE AND SUPPORT FOR INDIVIDUALS WITH CANCER

Weekly Energy Partner sessions are held in Englewood, Boulder, Lakewood, and Denver.



LIFESPARK
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TOUCHING LIVES AT A COMMUNITY NEAR YOU

LifeSpark offers free one-hour Touching Lives events in Boulder, Englewood, and Lakewood. Ruth Muhr, LifeSpark's Treasurer and a speaker at the event states "It is important to me that people know the mission and purpose of LifeSpark and really understand what we do. I invite you to attend. You will hear personal stories along with facts and information that will touch and motivate you."

Visit www.LifeSparkNow.org for the latest dates. Below are upcoming events.

- April 5, 6-7 p.m. HealthLinks Clinic, 3434 47th St Ste 105, Boulder, CO 80301
- May 24, 6-7 p.m. Lakewood Library, 10200 W 20th Ave, Lakewood, CO 80215
- May 22, 6-7 p.m. Divine Physics, 6500 S Quebec St, 2nd Fl, Centennial, CO 80111

Who do you know with cancer that could benefit from this program?

Call 303-425-5670 • www.LifeSparkNow.org

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WITHOUT SPENDING A DIME

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LIFESPARK INVITED TO 9 HEALTH FAIR

LifeSpark has been approved as an Interactive Educational Center for the 9HealthFair. We will provide information about energy therapies and how they can diminish side effects of cancer treatments while supporting the emotional and spiritual well-being of the individual with cancer. LifeSpark has accepted invitations from three sites this year. Stop by and say hello.

- Saturday, April 14 - Eastridge Recreation Center, Highlands Ranch
- Sunday, April 15 - University of Denver, Englewood
- Saturday, April 21- King of Glory Lutheran Church, Arvada

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Keep up with LifeSpark news and events. Subscribe to LifeSpark's email updates. Email Info@LifeSparkNow.org and type Subscribe in the heading.



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