

News & Updates Spring 2008



SPREADING THE WORD: FAIRS AND EVENTS
As part of LifeSpark's ongoing commitment to education, we recently participated in a number of fairs and events.

- Multi-Cultural Conference: Feb 23: Volunteers staffed our booth at this breast cancer conference for people of color, held at the Renaissance Hotel.
- Denver Health Spa Day: Mar 10, Apr 14: Free mini Reiki and HT sessions for oncology patients, staff, and family members. Held at DH Cancer Resource Center.
- 9 Health Fair: Apr 12, 15, 16, and 19: Our second year with the 9 Health Fair as an Interactive Educational Center. We participated at St Anthony Central Hospital, Spirit of Christ Catholic Church, and King of Glory Lutheran Church. LifeSpark providers offered materials and information about how energy therapies can support individuals with cancer.
- CURE Day of Caring: May 3-4: LifeSpark will host a booth at this two-day breast cancer awareness conference at the Marriott Denver Tech Center. Stop by and say hello.

Thank you to the following individuals for staffing/assisting with these events: Melinda Anderson, Pat Arch, Dale Bathurst, Sally Carey, Stefanie Hart, Flish McCarthy, Doree Newberry, Carrie Niewenhaus, Dory Pinkham, Bob Priester, Bonnie Rickles, & Chris Trani.

COLORADO SINGLES MAGAZINE FEATURES PAT WHITE



The Winter 2007-08 edition of this high-profile magazine featured an article with LifeSpark participant Pat White. The article discusses the difficulties of being single and facing cancer. Pat found the strength to drive herself to daily treatments and learned many things about herself. "(At the grocery store) I had to use the electric cart and it was horrible. I didn't feel comfortable always asking my friends for help." Her dog Lola was a big help "She loves me unconditionally."

Pat learned about LifeSpark and began receiving services. "After several sessions, I found I was able to go into a truly profound state of relaxation.... The pain levels in my knees and throat decreased greatly during the sessions and the benefits lasted for several days. My mental attitude also improved. My depression decreased... and a great calmness seemed to come over me."

Pat was a speaker at the Touching Tomorrow event. Colorado Singles Magazine can be viewed at www.singlocity.com.

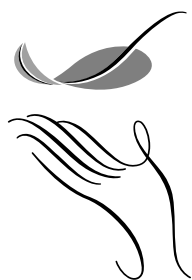
KAY ADAMS - TOUCHING LIVES CIRCLE DONOR

Kay Adams recently joined LifeSpark's multi-year giving club at \$1,000 per year for five years. "I've had so very many people in my life who have taken the long walk with cancer, and any one of their journeys would have been made softer and smoother with energy medicine.

I made my LifeSpark donation in the name of my dad, Dale H. Adams, who died of cancer in 1991. My father was a wonderfully generous man who taught me to ask, "How can I serve?" Supporting the important and vitally necessary work of LifeSpark is one way I can serve."

Kay is a licensed professional counselor and journal therapist, and serves as one of three Trainers at LifeSpark's New Provider Seminars. A tireless advocate for the healing power of writing, Kay has received the Distinguished Service Award from the National Association for Poetry Therapy.

The Touching Lives Circle was launched at LifeSpark's Touching Tomorrow event in December. Those who sign up before this year's event will be considered Charter Members of the club.



LIFE SPARK
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LifeSpark Cancer Resources is a 501(c)(3) nonprofit organization. Contributions are tax-exempt to the extent provided by law.

HIGHLIGHTS OF 2007 FINANCIALS

Each year LifeSpark hires an independent CPA to review our financial statements. Here are the highlights. In 2007 individuals contributed \$44,858, and an additional \$31,265 in multi-year pledges. We received \$32,940 from foundations including the Susan G Komen for the Cure Foundation, Wolcott Family Foundation, Cancer League of Colorado, and the Denver Foundation. \$13,736 was received in program fees (for sessions and for the training seminars for new providers).

Expenses included \$62,162 for program costs, \$13,048 for operating costs, and \$12,867 for fundraising. In-Kind Donations included \$62,240 in services (including Reiki and Healing Touch sessions), and \$13,240 in donated space (the facilities that host our program) and supplies. Thank you everyone for the many different ways you have contributed!

HOST A LIFESPARK HOUSE PARTY

Here is an easy way to support LifeSpark. Invite friends, family, and neighbors to your house for a get-together. You can serve anything from popcorn to a full course meal, and then show our eight minute video. We can line up a speaker for you, or you may have your own poignant story to share about LifeSpark. It is fun and easy. Call us for a house party packet which comes complete with instructions. Call 303-425-5670.

DONATE YOUR CAR

LifeSpark accepts cars, motorcycles, trucks, and boats whether running or not, and you can receive a tax deduction. Vehicle donations are processed through Cars for Charity which provides free towing and title services. Call 303-853-4483 or visit www.carsforcharity.net

DAY OF GRATITUDE: COUNTING OUR BLESSINGS

Volunteers and donors will be the center of attention at LifeSpark's Day of Gratitude on Sunday, June 22 at 2:30 p.m. Listen to uplifting poetry and music, and hear stories of service while we honor volunteers and donors from the past five years. LifeSpark providers with over 20 session hours, and donors with over \$500 total will be recognized.

In preparation, volunteers and donors are asked to submit stories of personal growth and unexpected blessings related to their LifeSpark experience. Stories will be featured at the event, and may also be submitted for inclusion on the Points of Light and Hands On Network websites for National Volunteer Week.

The event is free and everyone is invited. Please bring family members and friends to help celebrate. The event will be held at King of Glory Lutheran Church, 10001 W 58th Ave, Arvada, CO 80002. RSVP to info@LifeSparkNow.org or 303-425-5670.

TRIBUTE TO ELLEN STEWART



We offer a special thanks to Ellen E. Stewart for her service to LifeSpark over the past three years. Ellen has donated her legal services to help us obtain our 501-C-3 status from the IRS, and has been available for other legal needs. In addition, she has been a generous financial donor. Thank you Ellen!

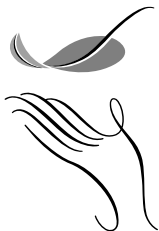


View the LifeSpark video. It can be seen on our website at www.lifesparknow.org.

MAKE A DIFFERENCE!
HELP SUPPORT LIFESPARK CANCER RESOURCES
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LifeSpark
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